

## **A SURVEY REPORT ON TRADITIONALLY USEFUL MEDICINAL PLANTS USED IN THE TREATMENT OF GYNAECOLOGICAL DISORDERS OF SHAHPUR TALUKA, KARNATAKA, INDIA**

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### **ABSTRACT**

*Gynaecological disorder is one of the most severe conditions under reproductive health of women. The present paper deals with the medicinal plants used by the people of Shahapur taluk of Yadgir district, Karnataka for the treatment of gynocological disorders. A total of 20 species of plants were documented. The traditional practitioners of the study area are well experienced and familiar with plant based drug and their formulations. Asparagus racemosus, Aloe vera, Clitoria ternatea, are plants used for multiple disorders. The way of using herbal medicine in gynecological problems were similar to the treatment of other diseases. It is interesting to know the fact and mode of preparation and usage of dosage/ time enhance the efficacy of the drug. Traditional Knowledge holder strictly advice for food during particular period of drug consumption.*

*Also found that women are satisfied with the drugs prescribed by traditional practitioners of the area as no specialists are available at neighboring villages. Further it is necessary that there is need of scientific validation of raw drugs and formulations for potential active principles.*

**KEY WORDS:** Medicinal Plants, Traditional Practice, Gynecological, Shahapur

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